INFORMATION AND INSTRUCTIONS:
HOW TO DO A GHOST RELEASE

(November 9, 2021, Feast Month for the Poor Souls)

COMMENT (By a soul):
Earlier this week, Jesus asked me to start doing a weekly ghost release with my prayer group. Specifically, in order to release the ghosts presently inhabiting in the danger zones of the potential Mega-tsunami, as well as to mitigate the future ghosts that may result due to the Mega-tsunami happening. Jesus also gave me permission to share these two prayer intentions on this blog, MaryRefugeOfSouls, so followers who have prayer groups may start doing ghost releases if they feel called to do so. So, this blog post consists of the first three (3) writings that are part of the downloadable document. However, the downloadable document also includes two (2) more writings, the Prayer Protocols for How To A Ghost Release and Instructions on How To Baptize Unborn Babies in Limbo. So, there are five (5) writings total as part of the downloadable document (15 pages).

* Are Ghosts Living In Your Home Or On Your Land? By Anna Marie
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ARE GHOSTS LIVING IN YOUR HOME OR ON YOUR LAND?

By Anna Marie

Newsletter 7, December 2020
Apostolate of the Green Scapular
https://www.greenscapular.org

Over 24 years, I have assisted others remove Ghosts from their home/property. I have found suicide ghosts, Native American ghosts, Civil War ghosts and others while in the process of blessing a home over the phone. Catholics pray in intercession for others, especially for the souls in Purgatory. However, ghosts need our prayers desperately because they can not help themselves once they are dead.

I have helped fifty or more Confederate or Union ghosts depart into the Light of God on a particular property where a huge battle was fought during the Civil War. When I asked the ghosts what their names are, they tell me. I have been able to lookup these ghosts on the Civil War Registry and found them listed. The home owner could see the ghosts that I saw!

Having a Mass said for someone who died is the holiest thing we can do for anyone. However, the Church DOES NOT believe that ghosts exist and roam on the earth. Many holy Priest have blessed homes and found ghosts but don’t speak on it because of being persecuted. So it is up to the Laity to help remove ghosts from their land.

Few people know what to do to remove ghosts from their property. Here is my remedy, pray a Repentance Rosary with your friends/family members gathered at your home. A Repentance Rosary is said as you, “Repent to God” for the sins of the ghost haunting your home, the sins he/she committed before death. You want everyone who gathers to be anointed with holy oil for protection, ask Jesus to send His Holy Angels to protect everyone and to gather all ghosts living on your land into your prayer room. Tell the ghosts they need to be quiet while your say the Holy Rosary for them. I recommend the Sorrowful Mysteries because it explains the suffering and death of our Divine Savior.

Before each Mystery, verbally explain the sufferings Jesus endured for our sins! Ask Jesus to please forgive the ghost’s sins and to take the ghost into the Holy Light of God, when the Lord sends His Divine Light. The ghost will see it but you may not. Tell the ghost to follow the Holy Angels and go into the Light of God and be reunited with its family members in Heaven. Usually at the fourth Mystery, the ghosts will depart your home forever!
OBSERVATION NOTES ABOUT HELPING GHOSTS

By a soul

Free will is a gift from God given to all living souls at birth.

Miscarried and aborted unborn babies have no free will as their will is totally subjected to the mother's free will. So, when unborn babies die in the womb, they recognize the tunnel of light as being from God and so they enter it and are saved. However, they go onto the state of Limbo until a living soul on earth baptizes them, so they can be released into Heaven.

Meanwhile, a soul becomes a ghost usually due to some type of trauma at death, or some type of confusion about their state as a ghost in the afterlife. Such trauma can include suicide, murder, etc. Once a person dies, there is a short transitional period where the Light of God is present to a deceased soul but due to trauma or confusion, they may miss their free will opportunity to enter the light and meet Jesus for their judgment. So, then the person becomes earthbound as a ghost until a living soul on earth prays for the Light of God to come down, so the ghost can enter it and go to Jesus.

Unfortunately, due to trauma or confusion, a ghost may not realize that they are dead or they may think that they are a damned soul because the devils torture them telling them that they are lost in hell. However, all ghosts are good-willed souls that are saved for God. Moreover, once they enter the Light of God, Jesus will give them credit for the time that they were earthbound as a ghost being tortured by devils. So, their sentences in purgatory may be mitigated and, potentially, the ghost can enter Heaven right away once they have their judgment with Jesus.

Please note that ghosts are different from earthbound damned souls. All ghosts are recognized by God as being good-willed and are destined for eternal life in Heaven. Ghosts look like human beings in their spiritual bodies. Typically, they may show the trauma on themselves of how they died. For example, if they were a soldier that died in war, they may be wearing their army uniform that has a bullet hole on their chest indicating that they died as a war casualty.

Meanwhile, earthbound damned souls look like dense black silhouettes or dense human shaped shadows. Damned souls become earthbound usually due to a trauma that they suffered when dying. However, the living on earth must never interact with damned souls, because they are part of satan's army and they will torture and even kill living souls if they can do so. Unfortunately, if there is a damned soul on your property, you cannot compel them to enter the Light of God, because they know that God will send them to hell upon judgment. This is because the damned souls know that hell is worse
than being in their earthbound state. Moreover, damned souls are stuck on the surface of the earth until the Second Coming of Jesus. This is because the Authority of Holy Mother Church to exorcise or deliver people only extends to casting out devils (fallen angels), demons (human souls that have already been judged by Jesus to hell), etc. This Authority does not extend to damned souls that are earthbound who have not been judged yet by Jesus upon dying.

However, there are things that you can do to protect yourself from a damned soul that is stuck on your property. But you will need the help of a person with a heightened mystical gift of discernment of spirits, as God will provide solutions to directly control the damned soul so the living souls can be safe on the property.

Finally, doing prayers for the dying, especially, the Divine Mercy Chaplet, helps dying souls in their transition to the afterlife. Recital of the Divine Mercy Chaplet will help to extend the time that the tunnel of light is available for the newly deceased soul. Also, if a newly deceased soul hears the Divine Mercy Chaplet being recited, it helps them to understand the Gospel, so they become comfortable to enter the Light of God to meet Jesus. This is because some souls, such as those that are saved but have committed suicide, may be too afraid to enter the Light of God because they think that there is no hope for them. But, God will give them graces while the Divine Mercy Chaplet or other prayers are being recited by those left on earth, so the ghost will understand that the tunnel of light is God's Mercy being extended to them and they will no longer be fearful.

**Concluding Note:**
Please understand that every soul is uniquely created by God and so, the transition to afterlife is unique for every soul upon dying. God allows every soul a "brief period of time" for them to understand that they have died and to learn how to function in their spiritual bodies. It is during that brief transitional period that a newly deceased soul can become a ghost, especially, if they have never learned about the Gospel and they died suddenly or traumatically without any preparation for death or without the sacraments of Holy Mother Church. God will only keep the tunnel of light open for a brief window of time, and if you have no one praying for you and no Holy Mass for your funeral, eventually the tunnel of light will recede into the background, because God is respecting the free will choice of the newly deceased soul to stay in familiar places earthbound. But, like the poor souls in purgatory and unborn babies in Limbo, ghosts cannot pray for themselves. All three groups of deceased souls need help (prayers and sacrifices) from the living souls on earth to make peace and closure on their earthly lives and move on into the afterlife in Heaven.
HOW TO RELEASE GHOSTS DURING HOLY MASS

By a soul

So many people have written me, because they want to help in the cause of releasing ghosts into the Light of God, but they do not belong to a prayer group that would be willing do such a noble cause. Firstly, I want people to know that the prayer protocols given in these instructions should only be done by a group of praying people. The protocols are not meant to be used on an individual basis. This is because releasing ghosts into the Light of God is a very serious matter. By doing a ghost release in a prayer group, the group prayers form a barrier of protection from any retaliating demons that may be upset that you are helping ghosts advance into the afterlife with God. So, it is best that you do not use the group prayer protocols on an individual basis.

However, there is a second method to release ghosts into the Light of God and I have asked Jesus if it is alright to share how I release ghosts through the Holy Mass. Jesus has indicated to me that He is very eager for people to help ghosts to move on to God. I believe that this method will be safe for individuals to use to help ghosts without resulting in undue spiritual warfare. So, let me explain how to do a ghost release during Holy Mass.

First, before Holy Mass begins, as part of your prayer intentions, you should pray to God, through the intercession of the holy angels, to invite any ghosts ready to advance in the afterlife to God to participate in that Holy Mass with you. So, you can say a prayer like this:

“Heavenly Father, through the intercession of the holy angels, I ask that you invite any ghosts ready to advance in the afterlife to participate in this Holy Mass, so they can hear the Gospel of Our Lord and Savior, Jesus Christ, and be welcomed into His Light when Jesus comes down from Heaven. I ask for forgiveness of the ghosts' sins and a spiritual baptism of their souls, in the Name of the Father, and of the Son, and of the Holy Spirit. (Note, you can made a sign of the Cross with holy water over yourself).”

If you have time before Holy Mass, you can add a complete or even just a decade of the Divine Mercy Chaplet.

Then, during the Holy Mass, when the priest is preparing the gifts, this is very important. I stuff the Holy Chalice with as many prayer intentions as possible, including placing all the ghosts, all the poor souls in purgatory who are ready to advance to Heaven, any dying souls, any demons that may be assigned to attack me, breaking any generational curses and occult curses said over me, and placing my enemies also in the Holy Chalice. I stuff the Holy Chalice with as many prayer intentions as possible,
because that is the best time to intercede in prayer for myself and others, before the Consecration of the Most Holy Eucharist has taken place.

Then this is what happens. At the moment that the priest is calling down the Holy Spirit over the consecrated gifts of bread and wine, that is the same moment in which the Tunnel of Light is forming during Holy Mass for the ghosts to enter. So, the ghosts that you have invited will enter the Light of God at that particular moment to be fully joined with Jesus and to move onto their next stage in the afterlife.

Meanwhile, if you are also praying for any poor souls in purgatory, such souls enter Heaven at a different moment during the Holy Mass. What I normally do, is I consecrate every man, woman, child, baby, and unborn baby, to the United Hearts of the Most Holy Trinity and the Immaculate Heart of Mary. Then, when I step into the aisle, I escort the poor souls down the aisle with me, because it is their final moments in purgatory before they join the Wedding Feast of the Lamb. Then, at the moment that I receive Holy Communion (on the tongue from the hands of the priest), that is also the moment that the poor souls are finally entering Heaven for eternity. I always say, “I love You, Papa, I love You, Jesus, I love You, Holy Spirit,” before I receive my Eucharistic Kiss from the hands of the priest.

So, as you can see, there is a lot of symbolism during Holy Mass, when you are helping both the ghosts and the poor souls in purgatory to move on into the afterlife with God.

I hope that this brief commentary on how I help the ghosts through the Holy Mass will prove fruitful to all people who want to help the ghosts on an individual basis (outside a prayer group).

Note: This method is how an individual person can help release ghosts generally 'en masse' through the Holy Mass – similar to how the participants pray generally for various groups of people during Holy Mass – and is not meant to substitute for doing a ghost release for a specific ghost during a prayer group session or how prayer groups can pray together to help in releasing ghosts generally in the afterlife to God.

God bless,
I love you,
—a soul
PRAYER MEETING PROTOCOLS: HOW TO DO A GHOST RELEASE

Note: This prayer ceremony can be modified to fit the needs of the restless spirits (ghosts) who are to be guided into the Holy Light of Christ as well as the current needs of those who are praying. You may wish to follow-up with a Holy Mass. You can schedule this Holy Mass before or after you have held the prayer meeting for Healing of Ghosts.

Note: All refuges are invited to do a monthly ghost release as part of their prayer services as there are likely many restless spirits (ghosts) that will need help from the faithful living on earth to fully transition over into the afterlife with God.

Instructions:

Before you begin the prayer meeting, you should have one leader amongst your group, such as the man of the house or woman of the house. The leader/spokesperson should give the Invitation. Remember to anoint each member of the prayer group with holy oil, which serves as a barrier of protection from any demons who may be angry that you are helping the ghosts to move on into the afterlife to God.

GHOST RELEASE PRAYERS

Prayer of Repentance

“Heavenly Lord, Jesus of Mercy, we turn to You, to Your love of all humanity. Please forgive us for our sins, the sins we have committed and the sins of our ancestors. Please forgive any family member who committed grave sins against You Jesus, and died unrepentant because of their pride and anger, and did not seek your mercy. Today we gather together to ask You, sweet Jesus, to hear our prayers as we seek Your mercy for any restless spirit that is haunting my home (or business). Please hear our prayers and forgive each living or dead family member in all generations or allow us to act as proxy for a restless spirit who has no one else to pray for him or her. We turn to Your love Jesus, because You taught us to: “Ask and it shall be given you, Seek and you shall find, Knock and it shall be opened unto you. (St. Matthew 7:7).

So today, we ask, seek and knock for Your holy mercy. And we turn to Your Holy Mother, Mary, as we recite her Holy Rosary in repentance of our sins and the sins of our family members who have died, from the beginning of time. Hear us, oh Lord and have mercy, allow Your precious Blood to cover and heal each family member in all generations, at this moment, back to the very beginning of time. We praise You Jesus, we praise Your love and mercy all the rest of our days. Amen.”
**Invitation**

*In the name of Jesus Christ, Son of the Living God, we invite the ghostly spirit here in this home (building) to come quietly and listen to the story of our salvation by Jesus Christ, Son of the Living God. You can listen to our prayers which tells of the death on the cross of our Divine Jesus, for your sins and our sins.*

*We command in the name of Jesus, you are not to speak and disturb this prayer meeting in anyway and if you see a brilliant light coming down from Heaven, you should enter into this light so you can go to Heaven to meet Jesus of Nazareth, your Savior who loves you and has been waiting for you to come to Him.***

Next, with Holy Water, sprinkle it around you and say these words,

*“In the Name of Jesus Christ, Son of the Living God, in the Name of God the Father, God the Son and God the Holy Spirit, I baptize you, ghostly spirits in the Name of the Father, Son and Holy Spirit, through the authority of Holy Church. Amen.”*

Recite the Act of Contrition, the Complete Holy Rosary and then the Closing Prayer below.

**Act of Contrition**

*Oh my God, I am heartily sorry for having offending Thee, and I detest all my sins because I dread the loss of heaven and the pains of hell. But most of all, my God, because I have offended You, who art all good and deserving of all of my love. And I firmly resolve, with the help of Your grace, to confess my sins, to do penance and to amend my life. Amen.*

Recite all four Mysteries of the Holy Rosary, then conclude with the following prayer.

**Closing Prayer**

*“We thank you Holy Lord for hearing the prayers of your sinful children gathered here. Please accept our love and thanksgiving for freeing any deceased family member or ghostly spirit who has been wondering upon this earth searching for peace and healing for his/her sinfulness while living on earth. We thank You Jesus for showing us You are*
"Thank You Jesus, thank You for loving us, Your sinful children. We love You and praise You. Amen."

Note: Following is Meditations dictated on the Complete Holy Rosary that may be used during a Ghost Release to help explain the Gospel to the ghosts so they are comfortable enough to enter the Tunnel of Light once it arrives to take them to Jesus.

HOLY LOVE MINISTRIES
https://www.holylove.org

Meditations on the Twenty Mysteries of the Rosary
Centering on the Divine Will
Dictated by Ezra (The Angel of Mercy and Love)
December 5-8, 2008

The angel Ezra comes. He says: "Praise be to Jesus." Then he said that Jesus sends him (Ezra) to dictate new Meditations on the Mysteries of the Rosary centering on the Divine Will.

JOYFUL MYSTERIES

1. Annunciation

"Through Mary's complete and perfect union with the Father's Eternal Divine Will, the Archangel Gabriel saw in Her a perfect dwelling place for the Incarnation of Divine Love. St. Gabriel recognized Mary as the one God had chosen to be the Mother of God. And so, he approached Her. Mary, who always acted in and through Divine Love, accepted God's Will for Her."

2. Visitation

"The Divine Word implanted deep within Her Womb, Mary sets out in response to the Archangel's message to visit Her cousin Elizabeth. Wherever Mary goes, whatever She says, thinks or does, She is in complete union with God's Divine Will. Now, even more so, with the Divine Will alive within Her womb, She never questions even though She encounters many hardships along the way."
3. Nativity

"Mary gives birth to the Incarnate Word – the Divine Will of God – in the humblest of surroundings – a stable. She and Joseph suffer rejection when trying to find more suitable dwelling. How often in today's world the Divine Will is rejected by free will. The only adornments the Divine Will seeks in the world is a loving heart of every person. But how often the door of the human heart rejects God's Will."

4. Presentation

:"It was God's Divine Will that Simeon and Anna, present in the temple that day, recognized the Infant Jesus as the long-awaited Savior. Open to God's Providing Will, they welcomed Him as such, and Simeon prophesied as he held the Eternal Word in his arms."

5. Finding of Jesus in the Temple

"God's Will is sometimes a cross – sometimes a victory. Mary and Joseph suffered the cross of losing Jesus for three days. They were not angry, but surrendered to the cross by accepting it. They patiently waited on God's Will to be shown to them in its entirety. The victory came when they found Jesus in the temple."

LUMINOUS MYSTERIES

1. Baptism of Jesus

"Jesus submitted with humility to being baptized by John. John's mission was to call the people to repentance so as to prepare the Holy Love Meditations on the Mysteries of the Rosary way for Jesus' coming. Today it is God's Will that people repent once again and make reparation for all the evil in the world. God offers the world, through this mission, a covenant of Divine Love, which opens the way to Divine Mercy and prepares the way for the Lord's second coming."

2. Miracle at Cana

"At the request of His Mother, Jesus performed His first miracle by changing the water into wine. Holy Mary is so perfectly united with God's Divine Will, She knows what to ask of Her Beloved Son and how to ask for it."

3. Spreading of the Gospel Message

"God's Will accompanies these Messages of Holy and Divine Love wherever they are
taken. These Messages are the essence of the Gospel message – to love God above all else and neighbor as self. These Messages are God's Will for all mankind."

4. Transfiguration

"God, in His Infinite Wisdom, allowed the miracle of the Transfiguration so as to secure the faith of the apostles there present – in difficult times ahead – and their faith was sorely tested. Today God has given the doubting world Mary, Refuge of Holy Love and Protectress of the Faith as a Refuge and Shelter during profoundly evil times."

5. Eucharistic Heart of Jesus

"More than any truth, the world needs to accept the Truth of Jesus alive in the Holy Eucharist. For herein lies God's Divine Will, which is All-Truth."

SORROWFUL MYSTERIES

1. Agony in the Garden

"Even the Son of God surrendered completely – perfectly – to His Holy Love Meditations on the Father's Divine Will. In the Garden at Gethsemane, Jesus surrendered His Will to the Eternal Divine Will, not begrudgingly, but with Divine Love. He was not above asking the Father to suspend the fateful suffering that lie ahead. But in the end, Jesus accepted His Father's Will. God's Will, though it may seem bitter at times, is never without consolation. In the Garden after Jesus accepted His Father's Will, an angel came to comfort Him."

2. Scourging

"Once Jesus accepted His Father's Will in the Garden, he did not look back with regret. He accepted the biting blows of the scourging, knowing many souls depended on His surrender to God's Will in the name of Divine Love."

3. Crowning with Thorns

"Humiliation such as Jesus endured as He was crowned with thorns can only be endured without complaint through deep humility. In this Mystery, humility and love are most evident together, as Jesus could have stopped this persecution at any time. His love for His Father's Will would not permit Him to do so."

4. Carrying of the Cross
"Jesus knew every fall, every pain was used by His Father in Heaven for the good of souls. Under the weight of the Cross, Jesus became an instrument of His Father's Divine Will. Every step was a step into deeper Divine Love."

5. Crucifixion

"It was not the nails that held Jesus to the Cross, but His love for His Father's Will in the present moment. He could have come down from the Cross at any time. But He held in His Heart a depth of love for the Eternal Divine Will beyond all telling."

GLORIOUS MYSTERIES

1. Resurrection

"The Lord's triumphant rising from the dead was His visible victory over sin and death. He opened the Gates of Heaven at that moment to all people – all nations. He could have appeared in His Resurrected Glory to all those who opposed Him in His public ministry. But it was the Father's Divine Will that He show Himself to the ones who loved Him. The Divine Will always honors and is present in the hearts of those who love Jesus."

2. Ascension

"The Lord's Ascension was His glorious return to Heaven in victory. This victory was in and through the Divine Will of the Eternal Father. The Eternal Now embraced His Son in a pure love such as no man has known or ever will know. The cycle of Divine Love was completed – the humble birth, the obstacles to the gospel message, the Passion and Death, the Resurrection and finally Jesus' triumphant return to Heaven. Every moment was God's Divine Will."

3. Descent of the Holy Spirit

"Suddenly the early Church was strengthened through the Divine Will by the power of the Holy Spirit. Fear left the hearts of the apostles, and they were not afraid to proclaim the good news. The Divine Will is reaching out now through these messages to a world drowning in self-love. Yet many reject the outstretched hand asking for others to first approve it."

4. Assumption

"Mary, who lived most completely and perfectly Divine Love, was allowed by the Will of the Eternal Father to be assumed into Heaven body and soul. She was already so
intimately united with the Father's Will, that Paternal Love could no longer bear to be separated from Her by time or space."

5. Coronation

"In Heaven Mary mounts the throne – Her rightful inheritance as Queen of Heaven and earth. Her crown is the Father's Eternal Divine Will – Her throne the union of Her Immaculate Heart with the Heart of All Love—the Heart of God the Father."
MESSAGE AND INSTRUCTIONS
TO BAPTIZE MISCARRIED AND ABORTED BABIES

God the Father asked the Holy Family Refuge messenger to randomly look through past messages given to him. He opened the book to the message given on August 28, 2014. God the Father then said that anyone could spiritually baptize miscarried and aborted babies using the steps below.

1. You will need to choose a name for each baby that you are baptizing.
2. Sprinkle Holy water 4 times—once facing North, once facing South, once facing East, and once facing West.
3. Using your thumb, make the sign of the cross with Holy water on your own forehead saying, “I baptize (baby’s name) in the name of the Father.
4. Using your thumb, make the sign of the cross with Holy water on your own forehead saying, “I baptize (baby’s name) in the name of the Son.
5. Using your thumb, make the sign of the cross with Holy water on your own forehead saying, “I baptize (baby’s name) in the name of the Holy Spirit. Amen.

REFERENCE

HOLY FAMILY REFUGE MESSAGES
https://www.childrenoftherenewal.com/holyfamilyrefuge

Come Holy Trinity and Holy Family and St. Michael as guard over all God’s words
August 28, 2014

My most beloved son, this is God the Father of Heaven and earth. I want to talk to you about some of the things I told you yesterday. My son, do you remember when I had you build the God the Father Baby Memorial for all My children on earth? The baby memorial is not only for My children on earth now but it represents all My children that ever were or ever will be on the face of the earth from the beginning to the end of time. I also ask all My remnant faithful to have spiritual baptisms for all My aborted and miscarried babies. I also ask all who read this to spiritually baptize their babies who they lost and name them so they will have a closure on their life. All My children need a spiritual closure on their life so they can get to Heaven. I have had many of My spiritual remnant children putting holy water North, East, South, and West and asking them to baptize their babies so they can go to Heaven. All of My Holy Innocents are crying out for justice and this is one way you can help.

I am also asking My remnant children to have a Bishop to do a spiritual Confirmation for all the Holy Innocents so they can become soldiers of Christ and help you more on earth and reach a higher place in Heaven. I your God have told you that you must be
baptized to be saved. My little babies also need to be baptized to be saved. Any Christian can do a spiritual baptism on an aborted or miscarried baby, but it has to come from earth before My child can reach the fullness of Heaven. When My little babies die they do not reach the fullness of Heaven because they were never given free will on earth. So some of My remnant children who I speak with from Heaven have to make the choice for them because they are in a good place, but not like Heaven.

The church taught about limbo when you were born My son, but they do not talk about it anymore and if it were not for My special children that I speak to all through the centuries, these children would not have been able to move up to Heaven as time goes on. Heaven is just like earth and the longer you are there, the higher you can move to different levels. It is just like moving from grade school to high school to college to your vocation and on and on.

This is from the God the Father from Heaven and earth. Please come to your loving Father and Mother because We want to talk to all Our children personally and give them all that they need to be happy. Love, Father. Please speak to Me often. I miss all My children who do not talk to Me just like your physical dad. I am just like My Son because I made him in My image and likeness.

And please read the book, The Father Speaks to His Children, given to one of My beloved children. (Direction For Our Times, Apostolate of the Returning King, https://directionforourtimes.com/)