

## **What do we mean when we speak of a refuge for the baptized in the Church?**

The first Refuge is the Sacred Heart of Jesus and the Immaculate Heart of Mary. They have always been our Safe Refuge in times of trial and in times of Joy. It is enough to live in accordance with the consecration that we make to the Hearts of Jesus and of Mary in accordance with what the Lord asked of Saint Margaret Mary or by the Virgin Mary in Fatima. In this sense we must all dedicate our lives and our homes to these two very Loving Hearts.

If the Will of our Heavenly Father wants more from us, He will direct us with an inspiration from the heart, a vision or a word that will be discerned with a good priest for a confirmation of this particular grace.

First of all, the refuge must be an inspiration from the Lord in the heart of the person for it to be truly a Will of God our Father. This inspiration comes to us as an interior push, a fiery breath of the Holy Spirit who often comes in prayer or even in a place like a Sanctuary to dedicate to the Virgin Mary, to Saint Joseph, to a saint in heaven or still in a place of pilgrimage like Medjugorje, Fatima, Lourdes, Knock etc. It is also possible that it is a word heard internally or during a preaching by a priest which is provoked this interior impulse. It could also be a vision that awakens my baptized conscience and pushes me to a general confession of my life in the sacrament of forgiveness and afterwards gives me the impetus to prepare a refuge from the Lord. It often happens that this interior call is made before the adoration of the Most Blessed Sacrament or during the Most Holy Mass.

It should be understood that when we talk about a refuge, we are talking about a physical place offered by the owner or the tenant of the place. We do it for our house, our apartment and our land. Yes, the place can be blessed by a priest and it is even necessary. If you do not have the possibility of having a priest immediately, have no fear because it can be done later. However, as an owner or tenant you must offer this place to our Heavenly Father through a prayer that you make by yourself. Our father wishes to hear the assent of your heart by this prayer that you make to him. The priest's prayer of blessing will come to complete this offering that you make to our Eternal Father. This gesture of prayer reflects the prayer of the Mass where the priest first offers the offerings before making the Prayer of Consecration which makes bread and wine the Body and Blood of the Lord.

Here is an example of the prayer offering and consecration of a refuge by the owner or by the tenant of the place.

"Eternal Father, I offer you through the Sacred Heart of your Son Jesus and through the Immaculate Heart of the Virgin Mary my (House - land - land - apartment-) so that it may be yours and that you use it according to your Holy Will when the time comes to welcome those whom your guardian angel will lead here. "

The important thing is that your prayer is an act of offering by the Holy Hearts of Jesus and of Mary to the Eternal Father.

There are two kinds of refuge. A first that I designate as a temporary refuge. This refuge will serve to protect your family before the great sign of consciousness enlightenment. It is the place that you have offered and consecrated to the Lord. There is also the permanent refuge which will serve

for a period of approximately three and a half years. This refuge will come after the enlightenment of consciousnesses. For this refuge, it is your guardian angel who will bring you there. He will guide you with the help of a small flame - as on the day of Pentecost - this flame will be like a tongue of fire which will move and which you will follow to the place of the refuge prepared for you. It is your angel who will transport you there. Have no fear. The Father's Holy Providence will give everything necessary to live there by fulfilling his Holy Will. Everything is already foreseen both as a task to be accomplished and as necessities for the needs of daily life. So is the Glory of God for his children.

Do not question yourself for the sign of enlightenment of consciousnesses: it will be clear to all, for it will speak to the consciousness of each person.

Before entering the period of refuge ...

The Blessed Virgin asks us to have a reserve of food for a period of three months. It is likely that this demand corresponds to the fact that we have great difficulty in obtaining supplies. This request from Mary reminds us of the virtue of prudence which is necessary in everyday life. This period will be marked by civil unrest and general confusion.

As for the time of refuge, the Holy Trinity will act through his Holy Providence and will provide for our needs as in the old days of Moses for the people in the desert. So, no fear for this period of Refuge time. We need to have a little garment bag ready at the doorstep to be ready when the time comes. We will then have to follow the Light of our guardian angel who will lead us to the designated refuge for us. Let us leave aside all the human questions which often inhabit our thought. Let us trust the Lord, he knows what we need.

May the Lord Jesus the Good Shepherd bless you and keep you!

Michel Rodrigue fabl