

**INFANT MILK FOR THE JOURNEY:
HOW TO PRAY FROM THE HEART**

LOCUTIONS TO THE WORLD

January 17, 2012

“How to Pray From the Heart”

MARY

“I put before you choices of life and death. I am not speaking of earthly life and death, but of eternal life or eternal death. These are the choices made each day. Does a person wish to live with God forever or are they willing to lose eternal life because of some earthly satisfactions that are illicit? These are the daily decisions, life with God or life without God.”

“How horrible is life without God. (That darkness begins on earth.) How blessed is life with God. (That happiness begins on earth.) This is why I speak. I want to lead many into eternal life.”

“God is not far away. You need not travel a thousand miles to find him. He is already in your heart. Wherever you go, even when you flee from him, he is there, waiting for you to turn to him. That is the secret. That is all you need to do to find God. Really God finds you. Just turn your thoughts to him. I will show you how. Picture for a moment, a story from the gospel. You know some stories. If not, then read the gospels of Jesus.”

Praying with the Imagination

“Picture Jesus as a baby in my arms, or as a young boy in the temple, or being baptized in the Jordan, or preaching to the crowds, or praying in the Garden or dying on the cross. Any of these scenes will do, whatever you are attracted to. Use your imagination for a few moments and speak to Jesus from your heart. It might only be a short prayer but it will be from the heart. Congratulations. You have begun to walk the road of divine light. Be led to do this often. Just a short prayer where you picture Jesus and speak to him from your heart. That is truly a turning to God. Do not forget, I will always be there with you.”

**THE BOOK OF TRUTH
(Maria Divine Mercy)**

Saturday, August 13th, 2011 @ 17:00

JESUS CHRIST

*My beloved daughter, when man is so busy each day, there is little time for prayer in his life. **Prayer, My children, can mean a moment, an hour, a word, or any kind of communication with Me. It does not matter where man calls on Me. It can be in the home, in the garden, in the car, at work, as well as in My Church.** Where you talk to Me is not important, although you can please Me more when you are speaking with Me in My House.*

Many people mistakenly believe I can't hear their thoughts, feel their pain, their sorrow or their joy. Don't they realise that they were created by My Father, the Almighty, Creator of ALL things? **He Who knows everything calls on all of you to stop for just one moment a day.** Ask for My help to strengthen you. **Just one moment is all I ask, this one precious moment when you call to Me to enable Me to enter through your soul by the Power of the Holy Spirit. Even just a whisper when you call out for My help will be heard. If you don't call Me, I can't respond for I would never interfere with your free will.**

**"I call on all of you who don't know Me"
Monday, April 30th, 2012 @ 17:45**

My dearest beloved daughter, I must explain to those people who believe in God but who do not go to Church or pray.

Many do not know how to pray. A little like the way in which you My daughter find it difficult.

Prayer means to ask.

Prayer means to communicate.

Prayer means to show love and give thanks.

Many people today, well-meaning and of generous heart, do not know how to pray. Some will find it distasteful and will feel awkward.

Others will feel that their prayers won't count.

Oh how I love these special souls. So far removed and yet how I yearn to show them My deep love.

I call on all of you who don't know Me. There is no need to fear Me. All you have to do is to ask Me to take you and give you comfort.

Let Me prove My love.

Speak to Me in your own simple words. Nothing will shock Me.

Confide in Me your worries as I will soothe your heart. Let Me help you to feel true peace.

Ask Me to sort out your concerns. I will show you the truth so that your worries will no longer seem as bad.

How will you know I hear you? How will you be sure that I will respond to you?

Just sit down quietly and ask Me to help you with this prayer to help you open your heart to Me and to ask for My help.

Crusade Prayer (50) Jesus help me to know who you are:

Oh Dear Jesus help me to know who you are
Forgive me for not speaking with you before now
Help me to find peace in this life and be shown
The truth of eternal life
Soothe my heart
Ease my worries
Give me peace
Open my heart now so that you can fill
My soul with your love.
Amen.

Many of you will not come to Me at this time. But that is okay.

In times of hardship, confusion and fear, you will.

I stand with you every day although you do not realise this yet.

But very soon you will see Me and know the truth of My promise to grant you eternal life in Body, Mind and Spirit.

I await your call. Then I can take you, when the time is right, to the gates of the New Era of Peace and My New Paradise on earth.

**YOUR FRIEND
YOUR BELOVED JESUS**

“If you do not ask, then how can my Son help you?”

Sunday, November 16th, 2014 @ 14:20

My dear children, at times of sorrow and distress you must always call on me, your Mother, to help ease your worries, no matter how difficult your circumstances are.

*Remember that when I present my Son with your special request, if it involves a plea for the salvation of your soul, or that of someone else, He will always respond to my pleas. If it is to ask for a special blessing or healing then I will always intervene on your behalf. Not one request will be ignored and if it is the Will of God your prayers will be answered. **There is not one soul on earth who cannot ask for the help of my Son, if they beg Him for their salvation.***

*My Son will make special concessions for every soul you pray for. His Mercy is great, His Love unfathomable. **Never fear to approach Him to ask Him for His Mercy.** Prayer, my dear children, is a very powerful means by which to gain the Mercy of God. Not one prayer is ever ignored. **But, if you do not ask, then how can my Son help you?***

Pray, pray, pray in your own words, for God will never fail to respond to you.

**YOUR BELOVED MOTHER
MOTHER OF SALVATION**

“The more you pray, the stronger will be your relationship with God”

Monday, November 17th, 2014 @ 19:20

My dear children, for the vast majority of people, prayer is not easy. For those of little faith, it can be a difficult task and many do not understand the meaning of prayer or why it is important.

When you are in a loving relationship with another person it is important to speak with each other. Without communication, the relationship will flounder until eventually the relationship will die. The same is true when communicating with God. You may not see Him, touch Him or feel Him but when you speak with Him, He will respond. Such is the mystery of God's Divinity. In time, those who speak to God, through His beloved Son, Jesus Christ, will forge a strong bond.

Children, when you call out to my Son, in your own words, He hears every cry of anguish and every request made of Him. As you continue to speak with my Son, in your own way, after awhile you will know that He hears you. Those souls who cry out for mercy, either for their own souls or for the salvation of others, will always receive special Gifts from Heaven.

Prayer is not complicated. It is as simple as calling out to anyone you love. And when you love another you can be assured that God is present for He is Love. When you love someone truly, there is always trust in your heart. If you love my Son you must trust Him. If you trust Him then know that He will always await you with love and tenderness. He rejoices when you call on Him for He will do anything to bring you His Peace and Comfort.

You must never be reluctant to speak with my Son, through prayer. He craves your company and soon you will be in no doubt as to His Existence. The more you pray, the stronger will be your relationship with God. Those blessed with such a deep and abiding love for my Son, will have a peace instilled within their hearts that no suffering on this earth, can unsettle.

Pray every day. Speak with my Son during your daily chores. Call on me to bring you closer to my Son. And, when you want to love Him more, I will ask Him to bless you. To love God with a deep intimacy is a Gift from God and it is only through regular prayer that you will attain it.

MOTHER OF SALVATION

HOLY LOVE MINISTRIES

<http://www.holylove.org>

May 8, 2000

"I am your Jesus, born Incarnate."

"My child, you have yet to understand the magnitude of these Messages. The Chambers of Divine Love have been torn open to reveal the innermost secrets of My Sacred Heart. The only measure that soothes this wounded Heart of Love is reciprocal love. Thus, when you show love for Me by surrendering to the Divine Will, I am soothed."

"Understand that My Love for each soul never changes. Even when the soul chooses evil, I still love him as the day I created him. Even when the soul condemns himself for all eternity to the fires of

hell, I still love him. Knowing this and understanding the Chambers of My Heart should turn any soul away from evil to salvation. My Love should suffice."

PROPHET JOHN LEARY
<http://www.johnleary.com>

Monday, October 12, 2015

JESUS CHRIST

"My people, I have loved all of you all the time at every moment, and I will continue to love you, even in your soul after your death. I loved you when I created your soul and body in your mother's womb. I love you every moment of every day of your life. **I love you now, and I will love you forever.** **This eternal flame represents My eternal love for everyone, even those people who reject Me."**

"In response to My love, I desire in your human possible way to show Me your love in every moment in your prayers, in your good deeds, in your Holy Communions, and in all of your moments that you adore Me. Remember what I told Martha about her sister Mary. Mary stayed by Me to listen to My words, and she adored Me. I told Martha that Mary has chosen the better part of loving Me, and it shall not be taken away from her. **My people, if you focused on loving Me every moment, the devil could never get you to sin.** **Even if you said: 'Jesus, I love you.' all the time during the day, you would please Me greatly.** When you love your wife or husband, you are constantly showing your love by being with your spouse, and caring for each other's needs. **In a similar way, I want you to imitate My love for others, and tell Me how much you love Me.** Remember that in heaven there is only love and peace. So when you love Me and love your neighbor as yourself, you are preparing yourself for an eternity of love with Me in heaven."

"simple words"

By a soul

(originally written January 8, 2008 as "three simple words")

what is the truth? it is love.

much of the world talks about love, but to be honest, i don't think much of the world knows what it truly is.

i don't claim to know everything. and even with the truth, i don't claim to know fully what love is. because the more i learn about love, the more i realize its depth, and it makes me very humbled.

i feel very small in comparison to true love. true love is God.

honestly, if i had one small genuine iota of the love that Christ has in His Most Sacred Heart, i would die.

my love is not perfect. but i try.

and i know there is value in the attempt, because any attempt to love others, like Christ wants us to love, is not a failure but a success in God's eyes.

so much of the world tries to say differently, but truly, the world doesn't know the value and worth of every human being. and if you don't even understand that, how will you understand how to even truly love?

a longtime ago, i told you that when i pray, i often use the words, "i love you."

no one really taught me how to pray. my parents never showed me how to pray to God as a child. and i never received guidance on how to pray privately. i only had the experience of the mass, when i was converting to catholicism, to fall back upon.

but, those are public prayers, not the private prayer that i didn't know. so, i had to figure it out on my own. so, i bought a few catholic prayer books, and memorized those prayers.

and when i prayed them, i really thought about what i was praying. i tried to make every word count. because i didn't want them to be empty words.

yet, my biggest "break-through" in my prayer life, didn't come from saying those prayers i memorized in those books. it came one day, when i began to say three simple words to God:

i love you.

you'll probably find this comical, but to be honest, i still don't know how to pray. at least, sometimes, i'll say to God, "i honestly don't know if i am saying this right or if it makes sense," or "i am very dumb and i don't want to offend you, by saying the wrong words."

i tell God that, "i don't want to make a mistake."

then, i tell Him that i love Him. and that i hope that i will always love Him with all my heart.

and somehow, even though i am very small, very insignificant... somehow, He stoops down to my level and picks me up. and He puts this little bit of love in my tiny heart.

and then, i get amazed and overwhelmed sometimes. because the "Great Almighty," "The God of the Universe, Seen and Unseen,"—

this God Who Is so vast, so beyond my comprehension or understanding...

this God loves me back.

and it all began with saying "i love you."

believe it or not, my precious one, it was hard saying those words to God for me.

in comparison, it is hard enough to say "i love you" to another human being. can you even imagine,

what it is like saying those words, for the first time, to God?

i didn't want to make a mistake somehow. but, after the initial fear, i began to say those three simple words out-loud to God.

and i kept saying those three simple words every day to Him, even though it was challenging at times.

now, the word "love" is truly part of my vocabulary. it would be hard to not say "i love you" to God and all the angels and saints—my family—because God keeps expanding and expanding my heart. i don't know how He does it, but He does. He is amazing.

HOLY LOVE MINISTRIES

<http://www.holylove.org>

March 9, 1995

JESUS CHRIST

"Do you love Me? If you do, tell Me so, for I need to hear it. Do not keep your love for Me buried in your heart. Let it be reflected in your life, in your words and actions. I am never far away. I am as close as your next thought of Me. I am part of the air you breathe. I desire that you know this in your innermost spirit, so that we can be one. Do not fear any portion of the future. I am in the future ahead of you. I am directing angels towards your every need. I send My Mother to be your confidence."

I love You, Lord.
May I always love You.
AMEN